A Tribute to Caregivers

Unknown and often unnoticed, you are a hero nonetheless. For your love, sacrificial, is God at his best. You walk by faith in the darkness of the great unknown, and your courage, even in weakness, gives life to your beloved. You hold shaking hands and provide the ultimate care: Your presence, the knowing, that you are simply there. You rise to face the giant of disease and despair, it is your finest hour, though you may be unaware. You are resilient, amazing, and beauty unexcelled, you are the caregiver and you have done well!

By Bruce McIntyre

Thank you caregivers...we appreciate you every single day!

—Message from the Owner, Kim McCreery

“And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.” Philippians 1:6
Caregiver Rock Stars of the Month!

Casa Grande Office

Mary King

A few words from Mary... “I do not remember who said, ‘If you love your job, then you never work a day in your life’ and that’s what I feel like. I really enjoy getting up in the morning and going to work every day. I love being there for my client and knowing I’m helping someone in need. It’s very rewarding!”

What Mary’s client has to say... “On behalf of my wife, I would like to take a moment to express my sincerest gratitude to Mary, my wife’s caregiver. Mary has been taking care of my wife for nearly a year now. Over that period of time Mary has never been late for work, she has exhibited the highest degree of professionalism throughout, along with a very caring approach toward her job. During the week, I am involved in doing volunteer work and it is very comforting knowing that my wife’s needs are in good hands.

My wife has both MS and Parkinson’s disease along with epilepsy and she requires a great deal of care. Mary takes time to understand how these conditions affect my wife on a daily basis and she understands the importance of sticking to a daily routine. Perhaps the most important thing that does not go unnoticed is the patience that Mary shows with Sandy throughout the day and every day. We are very fortunate to have Mary as our caregiver and she is truly an asset to your company.”

Mesa Office

Denise Davis

A few words from Denise... “I am very honored to be a part of At Home Solutions. My journey with this company began 12 years ago while taking care of my grandmother. Since her passing, I have continued working with At Home Solutions. While being here, I realize that working with the elderly is the career for me. This position of a caregiver takes a very special person. The help and support of the staff has made me the person that I am today. People say humor and laughter are things that make people smile. It’s a good thing I provide both—as a result, my clients love me!”

What the Mesa office staff has to say... “Denise has the true compassion that it takes to be a caregiver. She brings a lot of laughter to our clients with her sense of humor...and we all know how important that is. We would also like to commend Denise for her outstanding attendance. She understands the importance of others depending upon you to be there for them. Denise takes care of each one of her clients as if she or he was her own grandmother or grandfather. We are truly blessed to have her on our team.”

Caregivers of the month are awarded a $50 gift card!
Client Activities: Create a Memory Book

A **Memory Book** is an excellent way for older adults to record their memories for others to enjoy their lifetime legacy in stories. To get started, buy a nice quality notebook to handwrite answers in or record the question and answers sessions using a video camera. Schedule a series of manageable question and answer sessions with your client/family member and don’t forget to add photos!

**Background Information:**
Name, date and place of birth, High School, College.
Marriage date and number of years. Children names and birthdates.
Where are you parents from? Where did you live as a child?

**Early Childhood Memories:**
What was your favorite childhood memory? Who do you remember most about your hometown?
Did you enjoy school? Why or Why not? What was your most embarrassing moment in school? Did you have a nickname? Who was your best friend and why? What were the current fads of time—dress, customs, food, games, radio/TV shows, etc.

**Marriage and Children:**
When and where did you meet your spouse? When and where did you get married? What was the wedding like? Do you remember your first home? How long did you live there? What is your favorite memory in that house? How did you react to the pregnancy and birth of your first child? How did you react to the birth of your first grandchild?

**Relatives:**
What is your most vivid memory of your mother, father, siblings, aunts/uncles/cousins, grandparents?

**Questions about Self:**
What are your unique/special qualities? What are important values and traits you’d like passed on to your family? What is one thing you wished you would have done? If you could have just one memory in your life, what would it be? What is your greatest regret? Describe your funniest memory. What would you like to be remembered for? Describe your most frightening experience. When have you felt life was most challenging? What has been your greatest accomplishment? Describe your proudest day. Describe your most favorite meal.

**Traditions:**
Did religion have a major influence in your upbringing? Describe your family traditions. Describe your most memorable holiday.

**Hobbies and Talents:**
Did you play sports? If yes, which ones? Did you ever win a trophy or medal? If yes, for what? Did you play any musical instruments? If yes, which ones. Did you belong to any clubs? How long were you a member? What did you do in the club? What was your first job? How much did it pay? Did you like it?

**Historical Events:**
What was the most historical event in your life time? What was the greatest disaster? What were some of the most amazing inventions created during your lifetime?
Must Read HR Information

Continuing Education is now a State Mandated Requirement
Employees MUST stay current with monthly continuing education (CE). If you fail to turn in CE lessons on a timely basis, you can be suspended from employment. The lessons are available on the website—athomesol.com Click on the purple Employee Login box at the top of the page. Please call the office if you do not remember the log in password.

At Home Solutions Website: www.athomesol.com
Make sure to check the Employee Page on the website EVERY month for HR updates, important information, and the employee newsletter.

Address Changes
Employees with an address change should notify HR by calling 520-836-8466 or email hr@athomesol.com

CPR/BFA & Annual TB Testing
Please contact your local office to obtain info on the nearest location & hours of service. You may also contact your office Coordinator or Supervisor to check on when your employment obligations are due to expire. AHS's has strict guidelines from our health plans and we cannot allow our employees to continue working if their employment obligations are not kept current.

Employee Bonus Opportunity
At Home Solutions is accepting home care aide applications. If you know someone with the “caregiver heart” refer them to At Home Solutions. If the person is hired, you’ll receive a $150 bonus after the person has completed 60 days of employment. Make sure the applicant documents your name on her application. Applications should be completed online at www.athomesol.com/employment

Community Resources

Food Bank Hotline
Call the Association of Arizona Food Banks Hotline at 1-800-445-1914 for information on the nearest food bank or visit their website at: azfoodbanks.org

Low Cost Health Care Clinic Locator
Website: azlwi.org/finding-free-or-low-cost-clinics-in-az.html
Casa Grande Regional Area: Sun Life Family Health Care 520-836-3446

Affordable Dental Care
Southeast Valley: Visit ATSUdental.com or call 480-248-8100 for information on public dental clinics.
Casa Grande Regional Area: Sun Life Family Health 520-836-3446

Braille and Talking Library
Do you care for a client with a vision impairment? If so, he or she may qualify for the free lending library. Materials are delivered to his/her home. For more information, call 602-255-5578 or visit: www.lib.az.us/braille